
Aesthetics

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VITA shade, VITA made.

VITA

How do we define aesthetics? Aesthetics are often associated with beauty.

“Beauty is in the eye of the beholder.”

The word, aesthetic, can also be described as being “pleasing to the eye”, an impression is perceived by the eye and conveyed to the brain.

A varying play of light colour and form can give varying emphasis to a motif and highlight certain details.

Aesthetics in nature does not mean symmetry and regularity, but a harmonious mix of irregularity and asymmetry.

When speaking of aesthetics it is inappropriate to speak of aesthetics being correct or incorrect as aesthetic concepts are very flexible. Generally a dental restoration can be described as having a natural appearance or is close to natural. If for example we produce a dental restoration or a crown which closely resembles the natural, we say it has an aesthetic appearance.

To this purpose, it is essential to look closely and observe the effects evident in different surfaces. For example the texture of a surface such as gingival tissue or that of a tooth which causes reflected light to diffuse under varying lighting conditions.

Of course shape, value and colour are also important.

A crown which differs very slightly in colour from the ideal but which has excellent shape, texture and value will be significantly less of a disturbance to the oral harmony of the patient than a shade perfect crown that has an inappropriate shape and texture or value.

Regarding complete dentures, not only tooth form and positioning are important aesthetically, but the gingiva also must appear as a reproduction of the natural gingiva.



